Stern Polka

Czechoslovakian Mixer
Pronounced: dood-LEB-ska polka
Double Circle Formation

This dance may very well be one of the world's most popular folk dances. Jane learned it in Germany in 1955, and in the following year helped spread the dance throughout Japan. It is very popular in Germany and Scandinavia, where it is known as Czech or Stern (star) polka.

"Doudlebska Polka" was one of the first tunes the Folklore Village Band ever played, and was quickly adopted as the unofficial theme song of Folklore Village.

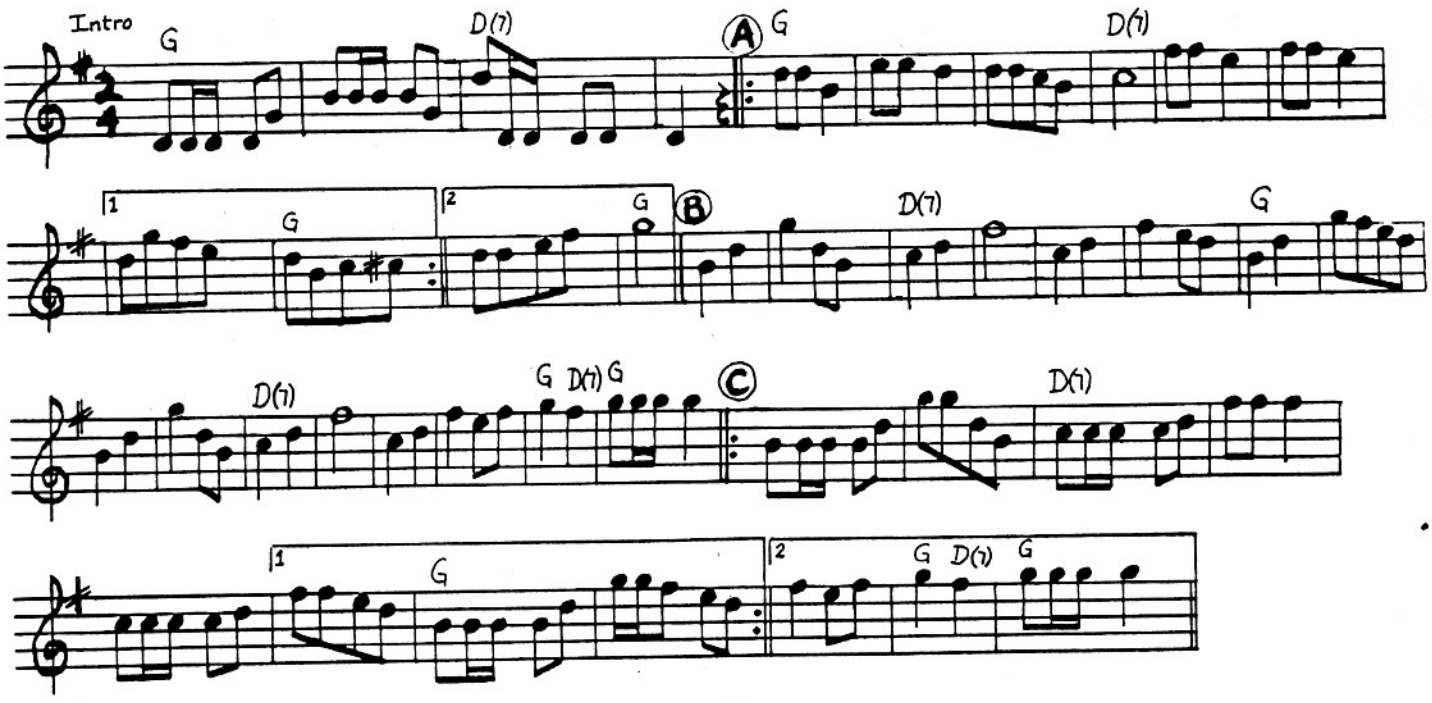
Music/Measures

A 1-16 Polka with a "face-to-face, back-to-back." Partners join inside hands. Starting on outside foot and moving in LOD, do one polka step facing each other. Then turn slightly back-to-back for the next polka step. Continue thus, with one polka step per measure.
Or couples polka in LOD.

B 1-16 Promenade in open ballroom position in LOD. M place L hand on the L shoulder of the M in front of him.

C 1-15 M face the center, standing in place, and clap own hands twice. Then with palms out, clap neighbors' hands once. Repeat clapping pattern until music changes.
One Measure:

1	-	2	-	3	-	4
clap own		clap own		clap out		pause

Meanwhile W gaily polka CW around circle of M in OLOD.

16 M face out to find a new partner, whoever is closest.
Note: any person without a partner at this point should go to the "lost and found" in the center of the circle to find another lost person.